

Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Cecil County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: * Mercury Δ PCBs + Pesticides ◇ PFOS

| Species | Waterbody | | Recommended Meals/Month | | | |
|---------------------|---|--|---|---------------------|-----------------------|---------------------|
| | | | General Population | Women ¹ | Children ² | |
| Atlantic Croaker | Upper Chesapeake Bay and Tributaries | | Δ | 4 | 4 | 4 |
| American Eel | Elk River | | Δ | Avoid | Avoid | Avoid |
| | Northeast River | | Δ | 1 | 1 | 1 every other month |
| | Susquehanna River - Below Conowingo Dam | | Δ | Avoid | Avoid | Avoid |
| Blue Crab | Back River, Middle River or Patapsco River | | Δ | 6 | 6 | 5 |
| | Other Areas of the Bay | | Δ | No Limit | No Limit | No Limit |
| Blue Crab "Mustard" | Back River, Middle River or Patapsco River | | Δ | Avoid | Avoid | Avoid |
| | Other Areas of the Bay | | Δ | Eat Sparingly | Eat Sparingly | Eat Sparingly |
| Brown Bullhead | Elk River | | Δ | 2 | 2 | 2 |
| | Northeast River | | Δ | 1 | 1 | 1 |
| | Susquehanna River - Below Conowingo Dam | | Δ | 1 | 1 | 1 every other month |
| Channel Catfish | Bohemia River | | Δ | 1 every other month | 1 every other month | 1 every other month |
| | C & D Canal | | Δ | 1 every other month | 1 every other month | Avoid |
| | Elk River | | Δ | 1 | 1 | 1 |
| | Northeast River | | Δ | 2 | 2 | 1 |
| | Sassafras River | | Δ | 2 | 2 | 1 |
| | Susquehanna River - Above Conowingo Dam | | Δ | 1 | 1 | 1 |
| | Susquehanna River - Below Conowingo Dam | | Δ | Avoid | Avoid | Avoid |
| Flathead Catfish | Susquehanna River - Above Conowingo Dam - All Meat | | All sizes Δ | 1 | 1 | 1 |
| | Susquehanna River - Above Conowingo Dam - (No Dark Meat or Belly Fat) | | < 22" * ✘ 22" - 28" * ✘ > 28" * ✘ | No Limit 7 7 | No Limit 6 6 | 6 3 4 |
| | Susquehanna River - Below Conowingo Dam - All Meat | | All sizes Δ | 1 | 1 | 1 |
| | Susquehanna River - Below Conowingo Dam - (No Dark Meat or Belly Fat) | | < 22" * ✘ 22" - 28" * ✘ > 28" * ✘ | No Limit 7 7 | No Limit 6 6 | 6 3 4 |

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| Species | Waterbody | Recommended Meals/Month | | |
|--|---|-------------------------|---------------------|-----------------------|
| | | General Population | Women ¹ | Children ² |
| Large and Smallmouth Bass ♥ | Northeast River ◇ | 2 | 1 | 1 every other month |
| | Stemmers Lake Δ | No Limit | No Limit | 8 |
| | Susquehanna River - Above Conowingo Dam ◇ | 1 | 1 | 1 every other month |
| | Susquehanna River - Below Conowingo Dam ◇ | 2 | 2 | 1 |
| Northern Snakehead | Anacostia River Δ | 3 | 3 | 1 |
| | Bush River ◇ | 2 | 2 | 1 |
| | Mattawoman Creek ◇ | 1 every other month | 1 every other month | Avoid |
| | Nanticoke River: Marshy Hope Creek Δ | No Limit | No Limit | 8 |
| | Potomac - 301 Bridge to DC Line Δ | 3 | 3 | 3 |
| Rainbow Trout and Golden Rainbow Trout (Hatchery Raised) | All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County Δ | No Limit | No Limit | No Limit |
| <p>**For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas</p> <p>**For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout</p> | | | | |
| Spot ♥ | Bohemia River Δ | 5 | 5 | 4 |
| | Elk River Δ | 5 | 5 | 4 |
| | Sassafras River Δ | 5 | 5 | 4 |
| | Upper Chesapeake Bay and Tributaries ◇ | 3 | 3 | 2 |

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|---------------------------------|---|-------------------------|---------------------|-----------------------|
| | | General Population | Women ¹ | Children ² |
| Striped Bass (Rockfish) ♥ | Susquehanna River - Below Conowingo Dam < 28" ◇ | 3 | 2 | 1 |
| | Upper Chesapeake Bay and Tributaries < 28" ◇ ✘ | 7 | 6 | 4 |
| | < 28" Δ | 3 | 3 | 2 |
| | > 28" ◇ ✘ | 7 | 6 | 4 |
| | > 28" Δ | 1 | 1 | 1 every other month |
| Sunfish (including Bluegill) | C & D Canal ◇ | 4 | 4 | 2 |
| White Perch | Bohemia River Δ | 2 | 2 | 1 |
| | C & D Canal Δ | 4 | 4 | 2 |
| | Elk River ◇ | 7 | 6 | 3 |
| | Northeast River Δ | 3 | 2 | 1 |
| | Sassafras River Δ | 2 | 2 | 2 |
| Yellow Perch | Elk River Δ | 1 every other month | 1 every other month | 1 every other month |
| | Susquehanna River - Below Conowingo Dam Δ | No Limit | No Limit | No Limit |