

Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Harford County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: * Mercury Δ PCBs + Pesticides ◇ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
Atlantic Croaker	Upper Chesapeake Bay and Tributaries Δ	4	4	4
American Eel	Bush River Δ	4	4	4
	Bynum Run *	month	month	month
	Elk River Δ	Avoid	Avoid	Avoid
	Northeast River Δ	1	1	1 every other month
	Susquehanna River - Below Conowingo Dam Δ	Avoid	Avoid	Avoid
Blue Crab	Back River, Middle River or Patapsco River Δ	6	6	5
	Other Areas of the Bay Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River Δ	Avoid	Avoid	Avoid
	Other Areas of the Bay Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead	Bush River Δ	1	1	1
	Elk River Δ	2	2	2
	Gunpowder River Δ	4	4	3
	Northeast River Δ	1	1	1
	Susquehanna River - Below Conowingo Dam Δ	1	1	1 every other month
Channel Catfish	Bohemia River Δ	1 every other month	1 every other month	1 every other month
	Bush River Δ	1	1	1
	C & D Canal Δ	1 every other month	1 every other month	Avoid
	Elk River Δ	1	1	1
	Gunpowder River Δ	1 every other month	1 every other month	Avoid
	Northeast River Δ	2	2	1
	Sassafras River Δ	2	2	1
	Susquehanna River - Above Conowingo Dam Δ	1	1	1
	Susquehanna River - Below Conowingo Dam Δ	Avoid	Avoid	Avoid
Common Carp	Gunpowder River Δ	2	2	2

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Species	Waterbody	Recommended Meals/Month			
		General Population	Women ¹	Children ²	
Flathead Catfish	Susquehanna River - Above Conowingo Dam - All Meat	All sizes Δ	1	1	1
	Susquehanna River - Above Conowingo Dam - (No Dark Meat or Belly Fat)	< 22" * ✕ 22" - 28" * ✕ > 28" * ✕	No Limit 7 7	No Limit 6 6	6 3 4
	Susquehanna River - Below Conowingo Dam - All Meat	All sizes Δ	1	1	1
	Susquehanna River - Below Conowingo Dam - (No Dark Meat or Belly Fat)	< 22" * ✕ 22" - 28" * ✕ > 28" * ✕	No Limit 7 7	No Limit 6 6	6 3 4
	Bush River	◇	3	2	1
	Gunpowder River	Δ◇	2	2	1 ◇
Large and Smallmouth Bass ♥	Northeast River	◇	2	1	1 every other month
	Stemmers Lake	Δ	No Limit	No Limit	8
	Susquehanna River - Above Conowingo Dam	◇	1	1	1 every other month
	Susquehanna River - Below Conowingo Dam	◇	2	2	1
Northern Snakehead	Bush River	◇	2	2	1
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County	Δ	No Limit	No Limit	No Limit
<p>**For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas</p> <p>**For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout</p>					

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Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
Spot ♥	Bohemia River Δ	5	5	4
	Bush River Δ	5	5	4
	Elk River Δ	5	5	4
	Northeast River Δ	5	5	4
	Sassafras River Δ	5	5	4
	Upper Chesapeake Bay and Tributaries ◇	3	3	2
Striped Bass (Rockfish) ♥	Northeast River < 28" ◇	3	2	1
	Susquehanna River - Below Conowingo Dam < 28" ◇	3	2	1
	Upper Chesapeake Bay and Tributaries < 28" ◇ ✕	7	6	4
	< 28" Δ	3	3	2
	> 28" ◇ ✕	7	6	4
	> 28" Δ	1	1	1 every other month
Sunfish (including Bluegill)	Bush River Δ	6	6	6
	C & D Canal ◇	4	4	2
	Gunpowder River Δ	2	2	1
	Susquehanna River - Above Conowingo Dam Δ	6	6	5
	Winters Run ◇	1	1	1 every other month
White Perch	Bohemia River Δ	2	2	1
	Bush River ◇	4	3	2
	C & D Canal Δ	4	4	2
	Elk River ◇	7	6	3
	Gunpowder River ◇	2	2	1
	Northeast River Δ	3	2	1
	Sassafras River Δ	2	2	2
White Sucker	Gunpowder River ◇	5	4	3
	Winters Run ◇	No Limit	No Limit	6
Yellow Perch	Bush River Δ	2	2	1
	Elk River Δ	1 every other month	1 every other month	1 every other month
	Gunpowder River Δ	1	1	1
	Susquehanna River - Below Conowingo Dam Δ	No Limit	No Limit	No Limit