



Maryland  
Green Registry  
**MEMBER**

The Maryland Green Registry promotes and recognizes sustainable practices at organizations of all types and sizes. Members agree to share at least five environmental practices and one measurable result while striving to continually improve their environmental performance.

# Towson Therapy Group



405 Allegheny Avenue  
Towson, MD 21204  
410-807-5312  
[www.towsontherapygroup.com](http://www.towsontherapygroup.com)  
Psychotherapy office building  
Member since February 2018

## Management and Leadership

### Environmental Policy Statement

*405 Allegheny LLC is committed to reducing its impact on the environment. We will strive to improve our environmental performance over time and to initiate additional projects and activities that will further reduce our impacts on the environment. Our commitment to the environment extends to our tenants/therapists, clients, and the community in which we operate. We are committed to:*

- *Comply with all applicable environmental regulations;*
- *Prevent pollution whenever possible;*
- *Train all of our staff on our environmental program and empower them to contribute and participate;*
- *Communicate our environmental commitment and efforts to our customers, staff, and our community; and*
- *Continually improve over time by striving to measure our environmental impacts and by setting goals to reduce these impacts each year.*

### Environmental Team

*Our environmental team consists of building tenants who are invited to participate in collaborative meetings aimed at reducing the environmental impact of our business practices. Our environmental team will meet quarterly, or as other needs arise.*

**Annual Environmental Goals**

- *100% of lightbulbs will be energy-efficient LED lightbulbs*
- *100% of new paper products purchased (e.g., paper towels, toilet paper, napkins, printer paper) will be 100% post-consumer recycled products*
- *100% of total electricity and natural gas used in previous year will be offset by purchasing carbon dioxide emissions offsets through a Gold Standard-rated carbon offset program*

**Environmentally Preferable Purchasing**

- *As available, all purchases of office supplies will meet the highest standard regarding the least impact on the environment (e.g., EnergySTAR electronics; post-consumer recycled paper products; chemical-free cleaning products).*
- *Utilize a "Green" office cleaning company: [ecolisticcleaning.com](http://ecolisticcleaning.com)*

**Environmental Restoration and Community Environmental Projects**

- *Our environmental team planted 10 native trees and installed a pollinator garden on the property.*

**Waste**

**Recycling**

*Recycling is made available to all tenants, and all tenants will be educated and empowered to recycle as much as possible. We estimate that we are currently recycling approximately 260 pounds per year.*

**Compost**

*Compost collection is made available to all tenants for both food and compostable paper waste (cups, paper towels, etc.), and all tenants will be educated and empowered to compost as much as possible. As of June 2022, an estimated 800 lbs. of greenhouse gasses have been diverted.*

## Energy



### Energy Efficiency

- *All overhead recessed lightbulbs have been replaced with energy-efficient LED bulbs. This has resulted in a reduction of 4,453 kWh or 6,858 pounds of carbon dioxide annually at a savings of approximately \$428.*
- *All thermostats have been replaced with energy-saving Nest smart thermostats.*

***Profile Updated August 2022***



*Help build a greener, more sustainable Maryland through voluntary practices that reduce environmental impacts and save money.*

*Learn more at [green.maryland.gov](http://green.maryland.gov)*

